

PD1 PRESENTS

Spring 2024 Session Review

PD1

PLAYER DEVELOPMENT 1ST



THAT'S A WRAP!

PD1's spring 2024 training session has come to a close! We had an amazing time training with all of you this season.

Season Highlights

- Record Attendance
- Grid Test Day
- Smart Soccer Tournaments

Big thank you to all the players, parents, and volunteers who helped make this season possible. We could not have done this without you!

PD1 NEWSLETTER
SPRING 2024

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PD1 Season Photos

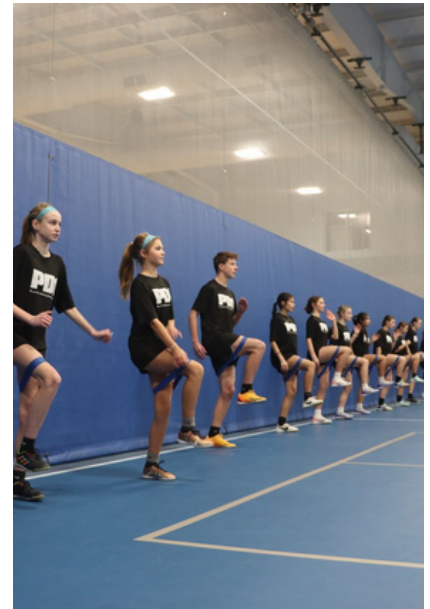
Highlight Story

Upcoming Session Info

Segment by Jen Reyes



**VISIT OUR
WEBSITE
FOR MORE
PHOTOS!**



STAY CONNECTED!

BY LIA AZCUNA

PD1 is an extension of the non-profit organization, Lifeworks. Although PD1 won't be meeting until summer 2024, Lifeworks hosts frequent events for high school and college students!

Additionally, PD1's leadership team is dedicated to helping students get to and through college. Have a question about this process? Reach out and ask questions through PD1's contact page on our website or through our email info@pd1st.com.

We want to hear from you!



STUDENT TESTIMONY

BY MICHAEL M.

"When initially joining PD1, I thought I was just joining to improve my skills on the soccer field. Little did I know, I'd not only be bettering myself in soccer and in life, but I'd be joining a family. PD1 has tremendously improved my touch on the ball, moving in tight spaces, and playing as a team. It has also improved the way I look at life and go about certain issues or situations. PD1 has taught me very valuable lessons but if I had to choose one that I learned the most it'd be that soccer is more than just a game; it's a way to connect with others and get away from the stress of life."



SESSION

Starting In May or June
2024

Summer Session 2024

Keep an eye out for summer 2024 registration dates through our email updates and social media!

What's New This Season?

- **Location:** Summer sessions will take place on outdoor fields. Stay tuned for location information!
- **Inspired by The Talent Code:** PD1 continues to develop its unique training sessions by drawing inspiration from Daniel Coyle's research on deep practice, as highlighted in his book 'The Talent Code.'
- **Registration:** Registration will open up the first week in May. Keep an eye on your email and our social media for updates!



PD1 PRIVATES CONTINUED



CONTACT JEN!

Coach Jen Reyes will continue offering PD1 Private Sessions throughout PD1's off-season. For further information regarding Jen's private sessions please contact Jen at 574-370-3699. Availability is limited, book today!



• • • pd1st.com/pd1-privates-jen • • •

CHECK OUT PD1'S 2023 HIGHLIGHT VIDEO!

Interview With The Head Coach

BY JEN REYES

How I got involved with PD1: I enjoy helping young talent become the best versions of themselves on and off the field. With that, I was training Katherine and Ashley, student-athletes who were also doing personal training with Red. Red reached out to me asking if I would be interested in forming an organization that helps kids who have had similar childhood experiences as me.

Why I love to do it: I love being the head coach at PD1 because God has prepared me for this role through the experiences I have had through childhood, soccer, and life overall. It's a joy mentoring young soccer players and creating a competitive, fun, comfortable environment where they can grow into wonderful young adults with life skills they can implement on and off the field. The results and the relationships that are created within PD1 are great blessings.

Its impact on me: PD1 has impacted my life by how I am able to connect with young adults who are going through similar obstacles, especially with so many being products of immigrant parents just like I am. I believe the life skills that being on a competitive soccer team allows one to gain life skills that ultimately will be reflected in work, education, and family atmospheres. PD1 creates a healthy pressure on me to obtain the responsibility of impacting younger soccer players in the community.



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Thank you

From the PD1 Leadership Team

